

UBF HQ ONLINE COURSES FOR FALL 2023

Fall 2023 registration for HQ Online Courses is open (Register now)

The UBF HQ Online Program is intended to support and equip UBF leaders, including chapter directors and local UBF ministries. This concise program is biblical, practical, and relevant to UBF ministry. For the fall term (Sept. 5 – Nov. 30, 2023), we are offering three courses: *Bible Doctrine I*; *Emotionally Healthy Spirituality*; *Communicating the Gospel in the Context of 3D Cultures*. See the course descriptions provided below.

Bible Doctrine I

Course Instructor: Dr. Augustine Suh

Meeting Days and Times: Tuesdays, 7-9 pm C.D.T.

The Bible Doctrine courses (I, II, III, IV) are designed to provide gospel workers with a sound understanding of Christian faith based on biblical and evangelical theology. They engage us in what the Bible teaches about the major themes of Christian faith. This course (Bible Doctrine I) addresses the following themes: the Covenant of God, the Word of God, the Trinity, the Attributes of God, and the Works of God. Each theme will be covered in depth, both in biblical/theological aspects and in practical applications. As we engage in our study, we do so to love and worship God, not to satisfy our curiosity. Our goal is to use the study of Bible doctrine to advance the kingdom of God in our lives and ministries.

Course Schedule (dates may change):

Session 1: Introduction to Theology; Knowing God (Sept. 12)

Session 2: The Gospel of the Kingdom and Covenant (Sept. 26)

Session 3: The Word of God (Oct. 10)

Session 4: The Living God: His Name and Attributes (Oct. 24)

Session 5: The Holy Trinity (Nov. 7)

Session 6: Creation and Providence (Nov. 21)

Register now by clicking the following link: <https://forms.gle/BcGxwDhGSBb5AyaHA>

When you sign up for the course, we will send you an email invitation to our class homepage (<https://ubfeducation.neolms.com>).

Emotionally Healthy Spirituality

Facilitators: Greg Lewis, Erick Lopez, Dr. Ruth Yoon, and Steve Stasinios

Meeting Days and Times: Thursdays from 7-9pm C.D.T.

You can't be spiritually mature while remaining emotionally immature. In the course, you will unpack core biblical principles to guide you into an experience of lasting, beneath-the-surface transformation in your relationship with Christ. Join us for a powerful journey that will walk you through a door that will change forever the way you love God, others, and yourself.

This course will mainly utilize the materials developed by Peter and Geri Scazzero. In addition to the orientation day, the course includes 8 sessions. Each online session will last about 2 hours and include discussion, video clips, Bible study, and reflective and skill building activities. The 8 sessions are broken down as follows:

Course Orientation (Sept. 7)

Session 1: The Problem of Emotionally Unhealthy Spirituality (Sept. 14)

Session 2: Know Yourself That You May Know God (Sept. 28)

Session 3: Going Back in Order to Go Forward (Oct. 12)

Session 4: Journey Through the Wall (Oct. 26)

Session 5: Enlarge Your Soul Through Grief and Loss (Nov. 9)

Session 6: Discover the Rhythms of the Daily Office and Sabbath (Nov. 23)

Session 7: Grow into an Emotionally Mature Adult (Dec. 7)

Session 8: Go the Next Step to Develop a "Rule of Life" (Dec. 21)

Required Materials:

Emotionally Healthy Spirituality Updated Edition Participant's Pack: Discipleship that Deeply Changes Your Relationship with Others by Peter Scazzero. ([Link to website for purchasing](#)). This participant pack includes the following 3 books:

1. Emotionally Healthy Spirituality trade book
2. Emotionally Healthy Spirituality Day-by-Day book
3. The 8-session Emotionally Healthy Spirituality Course Expanded Workbook with streaming videos – To access streaming videos, follow the instructions found on the inside front cover of the workbook.

For course registration: <https://forms.gle/UprC9F3ZEoMMEwg97>

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Communicating the Gospel in the Context of 3D Cultures

Facilitators: Dr. Sarah Theresa Ahn

Meeting Days and Times: Mondays from 7-9pm C.D.T. The class meets every other Monday (five meetings. Start date: Sept. 18)

This course is designed to enhance better gospel and cultural understanding on how the gospel speaks to all cultures. The gospel is like a multifaceted diamond, and God wants people in all cultures to experience his complete salvation. However, Western Christianity emphasizes one aspect of the gospel (i.e., forgiveness of sins) and neglects the other facets of the gospel. While Western theology addresses guilt and innocence, people in the majority world cultures seek honor to cover shame and power to mitigate fear. In today's globalized world, Christians need to develop a better understanding of the three-dimensional gospel in order to experience the full power of the gospel and to effectively serve cross-cultural ministry. This course demonstrates how the gospel speaks to cultures of guilt, shame, and fear, and shows how Christians communicate the gospel cross-culturally.

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If you have any questions regarding the courses, please contact us at ubfonlineschool@gmail.com. For further information, see the HQ Online School section on ubf.org.